

School Rules

Basics

- I treat other people how I want to be treated myself.
- I behave with respect towards everyone, so that trust can grow between us.
- I encourage and help others through words and deeds.

School building

- I pay attention to all the staff at the NOAM and do as they tell me, including the shomrim, interns, and caretakers.
- I treat other people's property, my own things, and the school furniture with respect.
- In the school building I walk quietly through the corridors and rooms (and I don't run).

Break times

- I spend break times only in the places where I'm allowed to be. I am NOT ALLOWED in the foyer, corridors and staircase. I stay in the school grounds and never leave without permission. I clear up my own rubbish.
- I may eat, make a noise and run around outside. The football area is reserved for one class or group at a time.
- I may eat in the Aula, play quietly and read. I stay totally silent in the quiet room.

Mensa

- I wait quietly in the queue until I get my meal.
- I put away my tray and leave my place clean behind me.
- I behave properly and calmly, and I speak quietly.

Jachad

- I go into the room quietly, sit down, and stay seated until the end of the meeting.
- I sing along with the others and clap properly.
- I show respect to the people who prepare and present things to us.

Kashrut

- I may not bring any food into the Mensa (not even kosher food).
- I don't take any dishes away from the Mensa.
- I only bring kosher food on the ICZ kosher list for snacks at school.

Blessings before and after meals

- I wash my hands before lunch and say the correct bracha (blessing).
- I say a second bracha afterwards and eat a piece of bread. (A student will collect the bread basket from the Mensa before 11.45 and then return it.)
- I return to the classroom after the lunch break (at 12.40) and give thanks with my class for the meal (Benching).

Clothes and shoes

- As a boy, I wear a kippa all the time at school and during every school activity. (Outside the school building I can wear a hat or baseball cap instead of or over my kippa.)
- I wear modest clothes. My shirts and tops have sleeves, and my trousers, dresses or skirts are knee-length.
- As a student I do not wear flip-flops as they are dangerous during games and on the stairs. During the autumn and winter I wear slippers in school.